



RULES & REGULATIONS

CATEGORIES

CODE	CATEGORY	AGE GROUP	ENTRY FEE	DISTANCE	PRIZE			
					1ST	2RD	3RD	COMPLETE
A	BOYS' JUNIOR	13 TO 17	RM15	7KM + 412 STEPS	RM300	RM200	RM100	Finisher Medal
B	GIRLS' JUNIOR	13 TO 17	RM15	7KM + 412 STEPS	RM300	RM200	RM100	Finisher Medal
C	MEN'S VETERAN	45 TO 99	RM20	7KM + 412 STEPS	RM300	RM200	RM100	Finisher Medal
D	WOMEN'S VETERAN	40 TO 99	RM20	7KM + 412 STEPS	RM300	RM200	RM100	Finisher Medal
E	MEN'S OPEN	18 TO 44	RM25	7KM + 412 STEPS	RM300	RM200	RM100	Finisher Medal
F	WOMEN'S OPEN	18 TO 39	RM25	7KM + 412 STEPS	RM300	RM200	RM100	Finisher Medal

EVENT DATE / TIME / VENUE

MPSP Tower Run 2014 will be held on **24 August 2014 (Sunday)**. Reporting time will be from **5.30a.m. - 7.00a.m.** at the **foyer in front of MPSP Tower Lobby**.

PARTICIPATION

Participants are required to run from the starting point of **7km on the road** and start running up from **MPSP Tower Lobby** with **412 steps** to its final of **16th Floor** to complete the race. Runners will using **4 units** elevator at **Level 15** down & back to **MPSP LOBBY**. Open to all individuals above the age of 13. For the purpose of age verification, the age competitors shall be taken as at **31 December 2014**.

ENTRY FORMS

All entries **MUST** be on the prescribed forms. Photocopies of entry form are also accepted. Entry form can be collect from our registration centre and also can be download from our official website **www.mpsp.gov.my** & **www.themarathonshop.com.my**.

ENTRY FEES

Each entry form has to be accompanied with an entry fee as above chart. All entry fees can be in cash / money order / poster order / cheque payable to **"LA VINTAGE EVENT SDN BHD"**. For those need online transfer / bank in transaction, please contact organizer for further detail of banking account info. Online registration is available at **www.themarathonshop.com.my**. Incomplete entry form will be rejected. No refund will be made for incorrect or multiple entries or participants who wish to withdraw from the competition. All registered participants will be issued a receipt as proof of registration and this should be produced during the collection of running tags. Proof of posting will not be accepted as proof of entry.

REGISTRATION ON PARTICIPATION

Participants are encouraged to register personally or submit together with the entry fees to :

**I S L A N D**  
**Pusat Khidmat Ahli Parlimen Kawasan Tanjung**  
No.72-G, Jalan Anson,  
10400 George Town, Pulau Pinang, Malaysia.  
Tel : +604 227 0215 Fax : +604 227 8215  
[Monday - Friday from 10.00am - 1.00pm & 2.00pm - 4.00pm]

**I S L A N D**  
**Pusat Khidmat YB Teh Lai Heng ADUN KOMTAR**  
14, Jalan Talipon,  
10400 George Town, Pulau Pinang, Malaysia.  
Tel : +604 227 7068 Fax : +604 227 7068  
[Monday - Friday from 10.00am - 1.00pm & 2.00pm - 4.00pm]

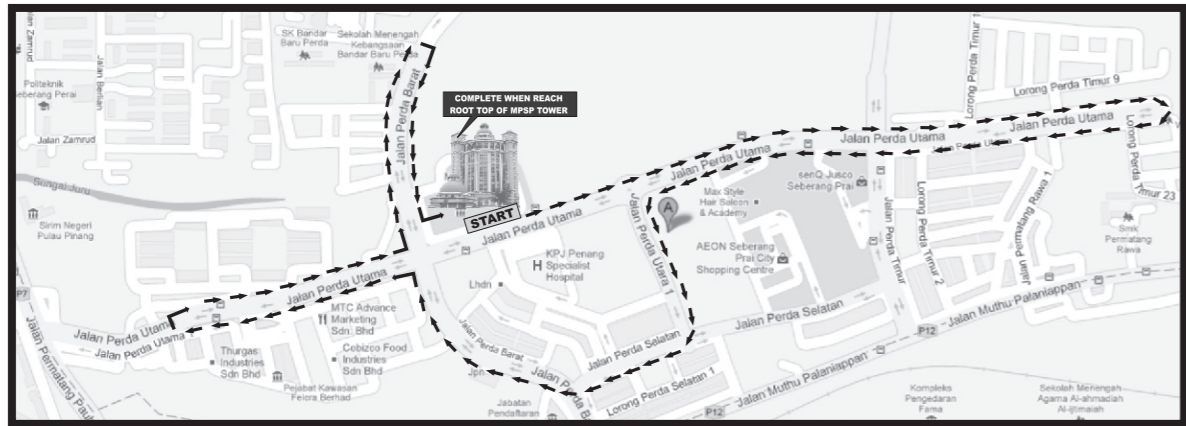
**I S L A N D**  
**PDC Setia Urus Sdn. Bhd.**  
Arked Tek Soon 4, Fasa 1C1, 4.03-4.11, KOMTAR  
10000 George Town, Pulau Pinang, Malaysia.  
Tel : +604 262 3705 Fax : +604 262 2401  
[Monday - Friday from 9.00am to 4.00pm]

**M A I N L A N D**  
**Kaunter Berpusat MPSP**  
(U/P : KOMTAR Tower Run 2014)  
Ibu Pejabat MPSP, Bandar Perda, Jalan Perda Utama,  
14000 Bukit Mertajam, Pulau Pinang, Malaysia.  
[Monday - Friday from 8.30am - 4.30pm]

**M A I N L A N D**  
**Pusat Khidmat YB Lydia Ong Kok Fooi ADUN Berapit**  
3214, 1st Floor, Jalan Kampung Baru, Taman Tampoi Indah,  
14000 Bukit Mertajam, Pulau Pinang, Malaysia.  
Tel : +604 530 8476 Fax : +604 530 8476  
[Monday - Friday from 9.00am - 12.00pm & 2.00pm - 4.00pm]

**M A I N L A N D**  
**MINIVELO Bukit Mertajam (Next to RHB Bank)**  
1248, 1st Floor, Jalan Padang Lallang, Taman Desa Damai,  
14000 Bukit Mertajam, Pulau Pinang, Malaysia.  
Tel : +6012 486 9027  
[Monday - Saturday from 2.00pm to 7.00pm]

RUNNING ROUTE



CLOSING DATE FOR SUBMISSION OF ENTRY FORMS

Registration will **CLOSED** at **12.00pm** (Malaysian Time) on **03 August 2014 (Sunday)**.

FINISHER MEDAL AND CERTIFICATE OF COMPLETION

Runners who complete the race will be entitled to **FINISHER MEDAL** and **CERTIFICATE OF COMPLETION**. Medal will given based on **"NO TIME LIMIT"** system as long you completed the race on top **16th floor**. Finisher Medal will giving on **16th Floor only by showing the wrist band to event crews**.

WINNER AGE VERIFICATION

All cash prize winners must produce their **MyKad** (Malaysian) or passport (Foreigners) for age verification at the Secretariat Counter beside the prize presentation stage for collecting their prizes money on the event day.

COLLECTION OF RACE KIT

All participant will receive a running shirt each in addition to their running tags. Participant are required to produce the **Official Receipt / MyKad (Malaysian) / Passport (Foreigners)** during collection at **MPSP TOWER LOBBY** on **16 August 2014 (Saturday) & 17 August 2014 (Sunday)** from **9.00am - 5.00pm**.

IMPORTANT NOTES

All participants **MUST** register their attendance (Race Check In) to collect wrist ban No.1 before the race starts for each category. All participants are advised to report from **5.30am - 7.00am** as event will run in stage according to categories (staggered starts) from **7.15am** onward.

DISCLAIMER

Organizing Committee will not be responsible for any injuries sustained before, during and after the above event including but not limited to any loss of personal belongings etc. All terms and condition are subject to change without prior notice.

参赛表格 / BORANG PENYERTAAN / ENTRY FORM

Larian Menara MPSP 2014  
MPSP Tower Run 2014  
2014 第二届威省市议会大厦竞跑



Date : 24 August 2014 (Sunday)  
Time : 5.30am - 11.30am  
Venue : MPSP TOWER, Bandar Perda  
Bukit Mertajam, Penang

ONLINE REGISTRATION AVAILABLE NOW @  
**www.themarathonshop.com.my**

比赛详情 / Maklumat Acara / Event Detail

DATE : 24 AUGUST 2014 (SUNDAY)  
TIME : 5.30AM - 11.30AM  
VENUE : MPSP TOWER, Bandar Perda, Bukit Mertajam, Penang

拿衣服日期 / Hari Pengambilan Baju / Race Kit Collection Day

DATE : 16 AUGUST 2014 (Saturday) & 17 AUGUST 2014 (Sunday)  
TIME : 9.00AM - 5.00PM  
VENUE : MPSP TOWER LOBBY, Bandar Perda, Bukit Mertajam, Penang

CLOSING DATE : 03 AUGUST 2014 (SUNDAY), BEFORE 12.00PM

ISLAND	ARMENIAN STREET'S GOT TALENT BOOTH	
	05 JULY 2014	6.00PM - 9.00PM
	12JULY 2014	6.00PM - 9.00PM
	19 JULY 2014	6.00PM - 9.00PM
	26 JULY 2014	6.00PM - 9.00PM
	02 AUGUST 2014	6.00PM - 9.00PM

ISLAND	OCCUPY BEACH STREET BOOTH	
	06 JULY 2014	8.00AM - 12.00PM
	13 JULY 2014	8.00AM - 12.00PM
	20 JULY 2014	8.00AM - 12.00PM
	27 JULY 2014	8.00AM - 12.00PM
	03 AUGUST 2014	8.00AM - 12.00PM

\*\*Special Registration Roadshow at Armenian Street's Got Talent & Occupy Beach Street\*\*

Organized by :



With the Co-operation of :



A Premier Sporting Event By :



Online Registration Partner :



Mountain Bicycle T-Shirt !  
Finishing Medal ! Certificate !  
& Many Lucky Draw Prize.....

Talian Pertanyaan : +6011 1070 8938 ( Monday to Friday ONLY from 9.00AM - 6.00PM )  
Event Hotline : +6012 440 1398 ( Saturday & Sunday ONLY from 8.00AM - 10.00PM )  
询问热线 : +6012 440 1398 ( Saturday & Sunday ONLY from 8.00AM - 10.00PM )

For further enquiries, please contact :

MPSP Tower Run 2014

LA VINTAGE EVENT SDN. BHD. (966322-X)

Fax : +604 640 8939 Email : events@lavintage.com.my



Penang MPSP Tower Run