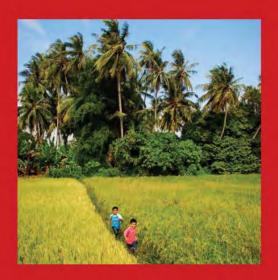
## **PLACES**



I would always reserve a special place in my heart for Seberang Perai.

- LT Tiun -

### Countryside





Seberang Perai is well-endowed with a lush, serene and tranquil countryside away from the hustle and bustle of city life. Besides providing a great avenue for enjoyment and relaxation, the time spent in the countryside captures the beauty of human beings and wildlife co-existing together in Seberang Perai's natural ecosphere.



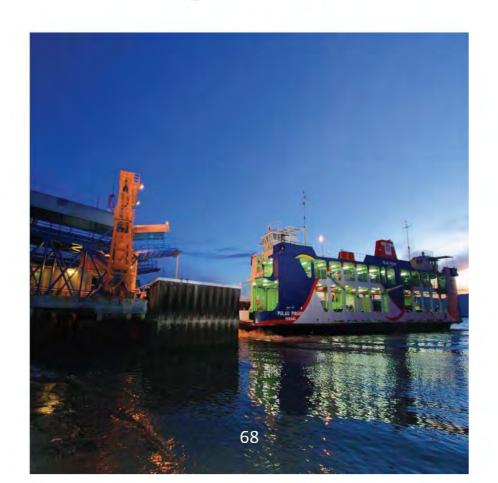
#### **Water Bodies**





"What is more beautiful than a sea of water with a number of white-winged boats skirting its surface? Poetry and beauty contesting with the wind and the waves!"

- George Matthew Adams -





#### Urbanscape



"Everyone's looking to the urban scene for inspiration now."
- Robin Gibb -

"Ultimately we need to recognize that while humans continue to build urban landscapes, we share these spaces with other species."

- David Suzuki -

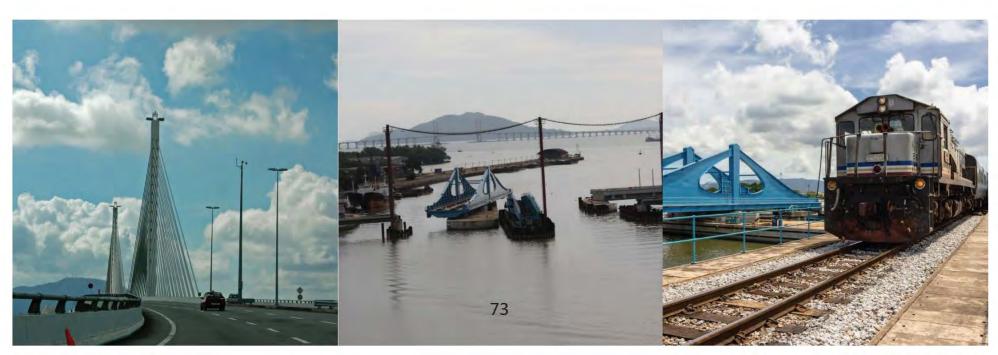


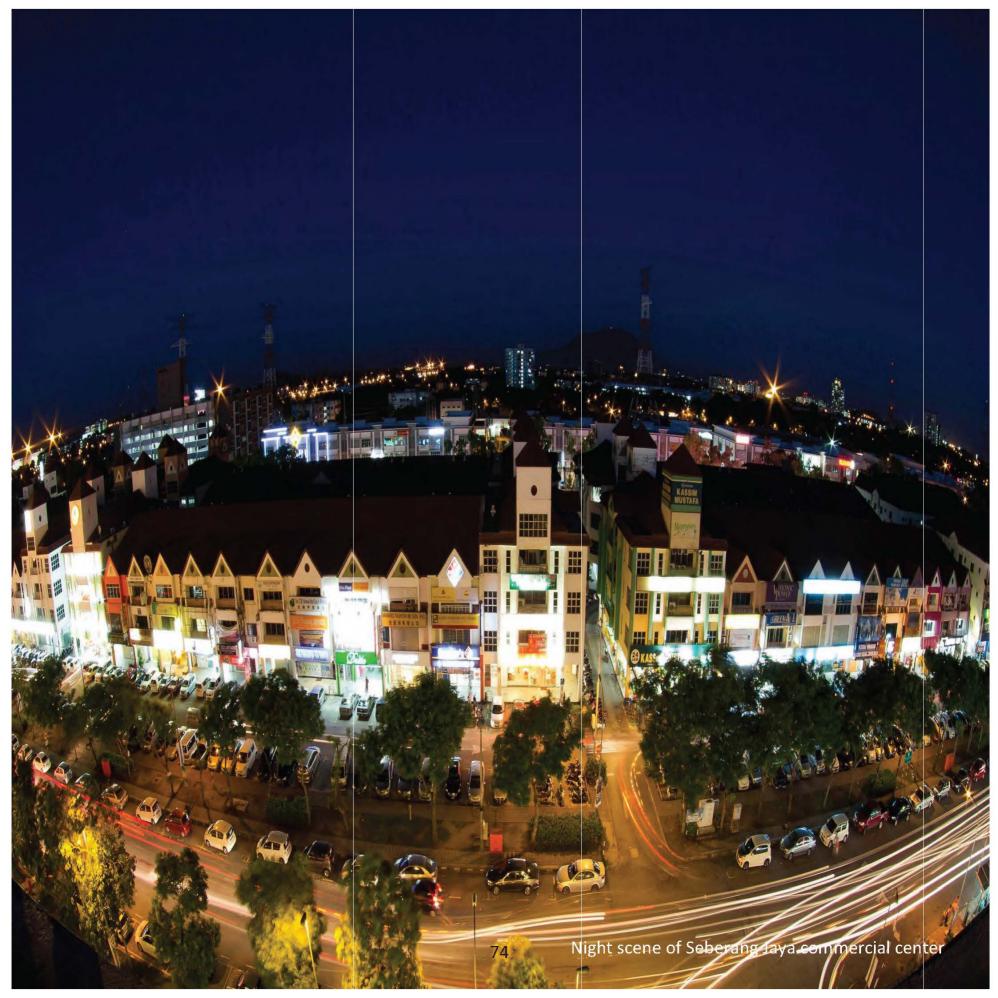


The best of both worlds where Seberang Perai maintains some of its countryside charms amidst integrating in the rapid process of urbanisation and modernisation.



Iconic bridges in Seberang Perai serve as main transportation networks and conduits to adjacent towns and the hinterland. Such good connectivity makes Seberang Perai easily accessible to all and sundry for work, investment, living and leisure.



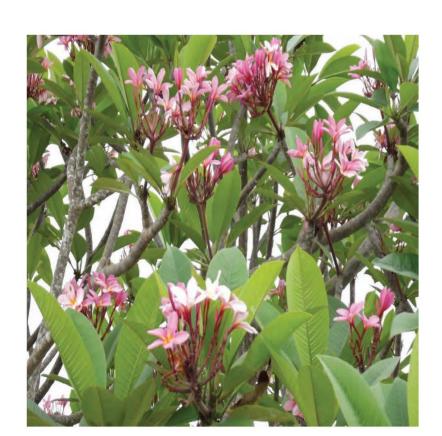


Flora & Fauna

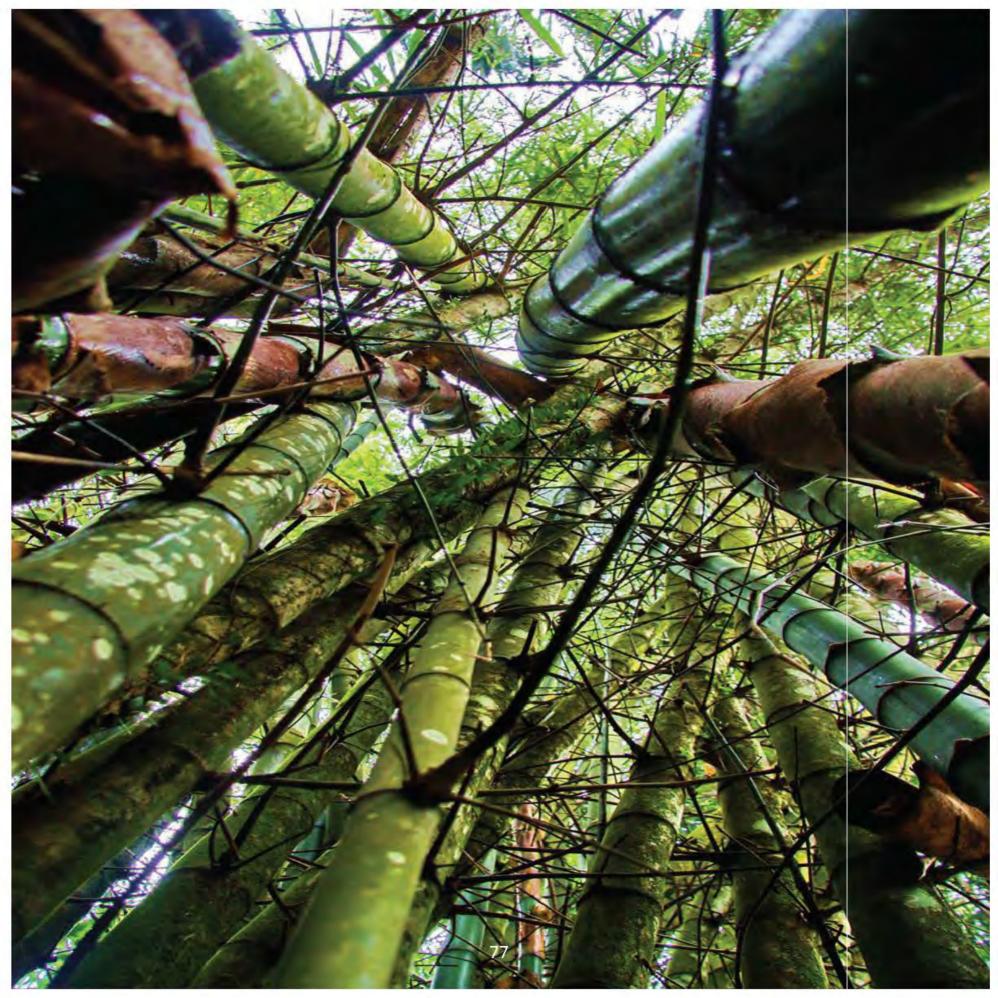




The sight and smell of native flowers and fruits found here are pleasing to the eyes and soothing to the soul.





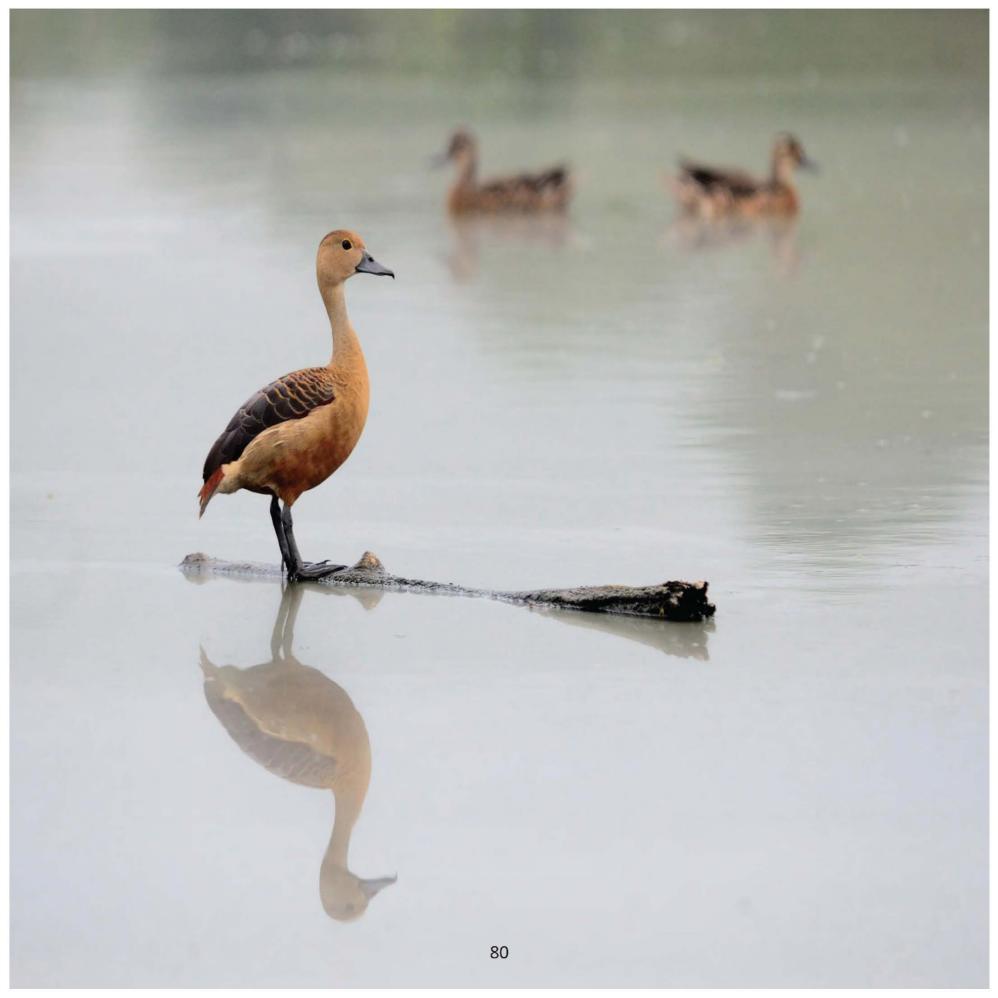


Dolphins found swimming off the South Channel of Penang.



Biodiversity is our heritage.





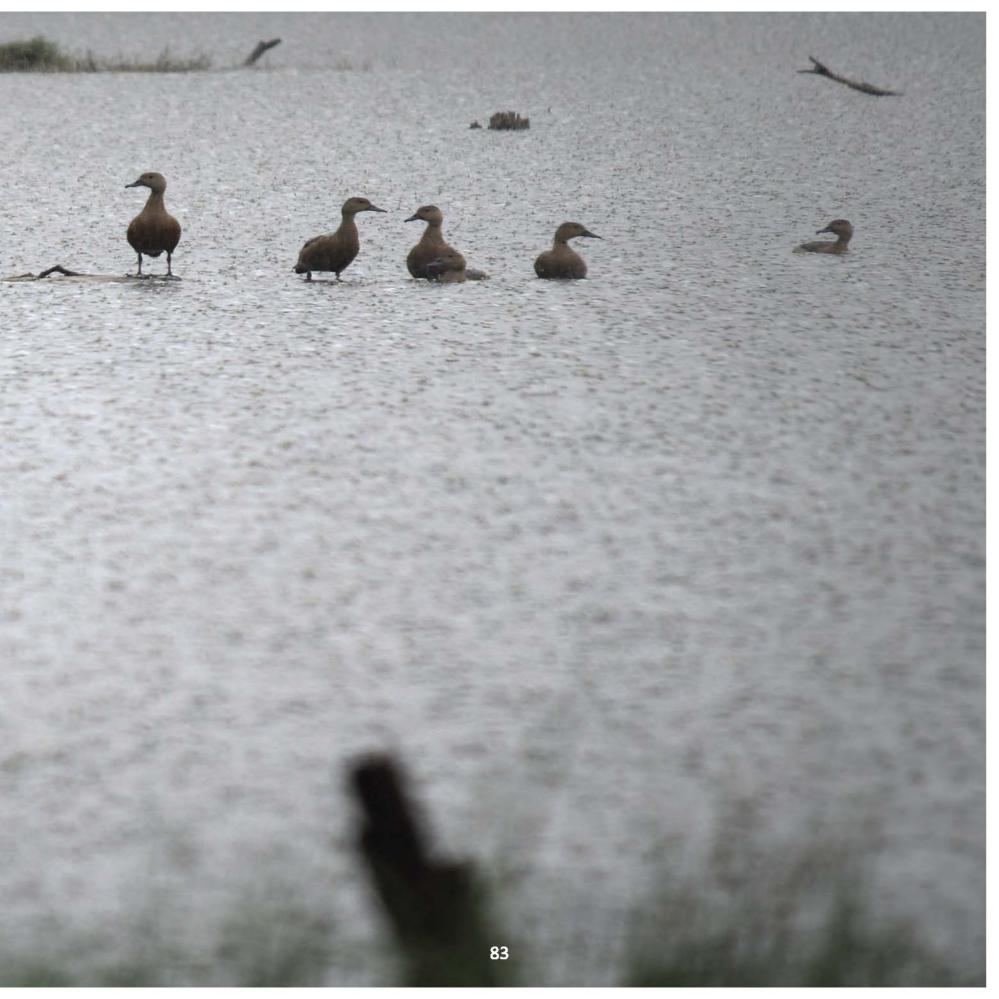


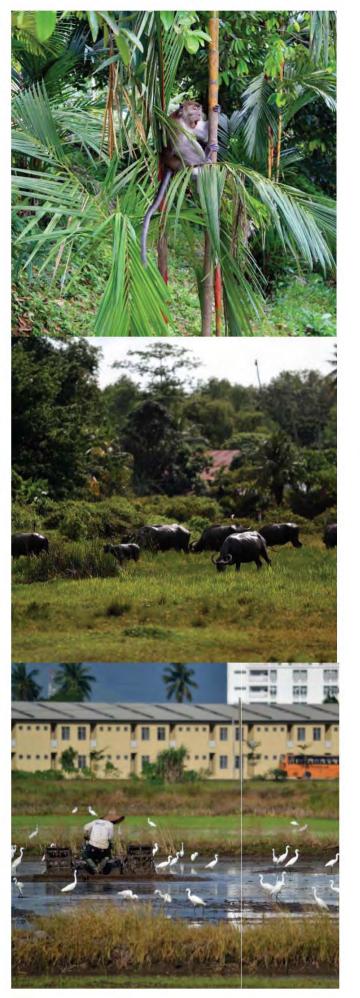
Bird-watching is a novel activity and great pastime in Seberang Perai. Bird watchers are given an opportunity to immerse themselves in the natural surroundings whilst keeping a watchful eye on the birds they have come to see.

The rewarding experience of this fulfilling pastime has made Seberang Perai a popular bird watching destination for locals and tourists from near and afar.









Seberang Perai is home to a rich variety of fauna.





# **FOOD**



One should live to eat and not eat to live.
- Moliere -



**Barbeque Prawns** 



#### **Food Haven**

Seberang Perai is truly a food haven where you can find a wide variety of mouth watering food to suit your taste bud. From local snacks to traditional cuisine, you are spoilt for choice. Our local food can be found throughout Seberang Perai whether you are visiting our city or countryside. Naturally, you may find that a particular location may be famous for some popular dishes but if you missed it, you will still be able to find the delicious equivalent at some other locations in Seberang Perai. From breakfast to supper and even a midnight meal, you will have an endless choice of food to savour.



**Barbeque Chicken** 

For a sumptuous lunch or dinner, a must try when you are in Seberang Perai is our barbeque seafood which you can find whenever you see a stall with an *ikan bakar* sign. *Ikan bakar* means barbeque fish but the menu is not only restricted to fish but includes big prawns, calamari, squid, various types of fish, stingray and even barbeque chicken to cater for those that love chicken. The seafood is cooked on the spot and served with a special sauce that gives the barbeque food its mouth watering *'oomph'*. The local version of barbeque mackerel is done with a spicy *sambal* sauce inserted between the slits to give the fish an appetizing spicy flavour. While on the barbeque trail, the ever famous *satay* is not to be forgotten and it can be found in most hawker centres.



Barbeque seafood



All Time Favourite - Satay





Noodle is a popular choice for breakfast. Seberang Perai offers a wide variety of noodles dishes to suit all taste buds. The repertoire includes soup noodles, fried noodles, thick gravy noodles, spicy, non-spicy, Malay style, Chinese style and Indian style. Other than the popular yellow noodles or locally known as mee, you can also choose or mix the different types of noodles such as vermicelli (meehoon), flat rice strips (koayteow), bean thread noodles (tanghoon) and rice noodles (meesuah).

While trying the various noodles dishes, the must eat is our famous Mee Udang, Char Koay Teow and Mee Rebus. Mee Udang or prawn noodles is yellow noodles served in mouth watering gravy with very large prawns. Char Koay Teow is the delectable and aromatic stir fried flat rice strips with eggs, prawns, cockles and chives while Mee Rebus is an Indian noodle dish served in thick gravy with an assortment of hard boiled egg, fried tofu, boiled potato, prawn fritters and a squeeze of fresh lime.



Rice lovers will find themselves in rice paradise with the perennial favourite *Nasi Kandar* which is available 24 hours daily. Although this cuisine is of Indian origin, it has assimilated with the local flavours and you will find people of all races enjoying the food at *Nasi Kandar* restaurant at all hours of the day. The best way to eat it is to mix the curried gravy together with the rice and top it with your favourite fried chicken or any of the delicious curry dishes and some vegetables on the side.

For those looking for something different, claypot crab rice is a delicious dish found in seafood restaurants. The sweet goodness of crab is infused into the rice during the cooking process in the claypot which produces a scrumptious rice dish that can be eaten on its own.



"One cannot think well, love well, sleeps well, if one has not dined well."

- Virginia Woolf-



Not to be outdone is another favourite - the Banana Leaf Rice. This particular dish can still be found served on a banana leaf which enhances the aroma and tastes of the rice and dishes. The rice is served with various side dishes of vegetables, pickles and papadom (Indian cracker).

"So long as you have food in your mouth, you have solved all questions for the time being." - Franz Kafka -





